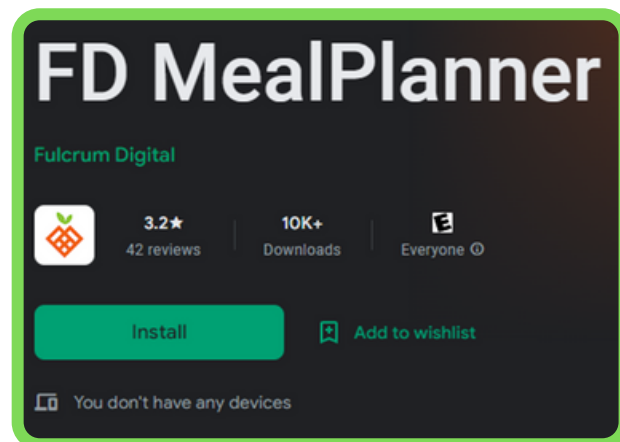
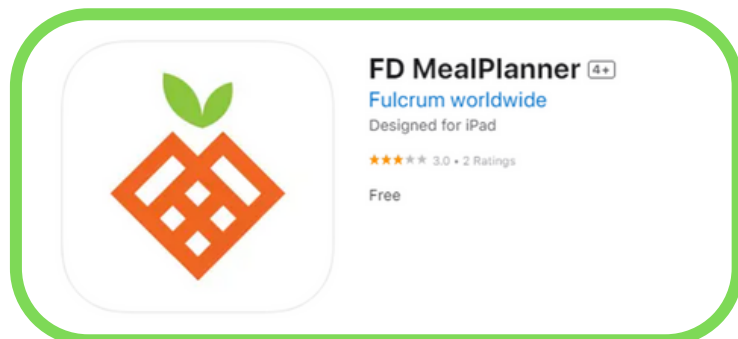


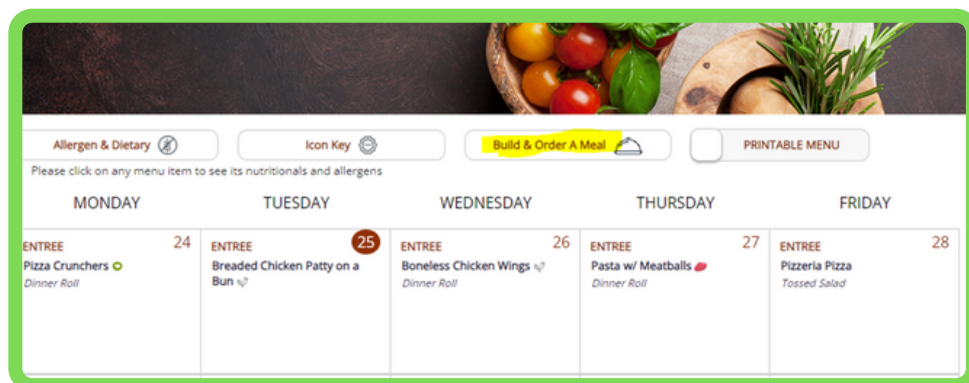
# Pre-Order Allergy-Aware Menu Instructions

Pre-order your allergy-aware lunch directly on the FD MealPlanner website or app  
<https://www.fdmealplanner.com/#menu/mp/Demarest>

**IMPORTANT:** In order to pre-order lunch off the allergy-aware menu, a note from a licensed medical doctor or registered dietitian providing medical nutrition therapy to the student needs to be on file in the nurse's office.



- ★ Student with peanut and/or tree nut allergies do not need to pre-order
- ★ Register/Create an Account
- ★ Multiple children can be added to one account
- ★ Click "Build & Order A Meal"



## Helpful Information

- ★ You can pre-order for the entire month.
- ★ Payment method is your child's ID
- ★ Add money to your child's account through MySchoolBucks
- ★ **Order deadline**-10pm, 7 days prior to date of service.

For more detailed instructions or food allergy information, [click here](#).  
 Or scan here: 